



## NEWSLETTER

Term: 1 | Issue 7 | Date: August 13, 2023 Charity No. SC045414

### CLASSES

Welcome to any new members who have joined the club this year. We are so glad to have you as part of our club and look forward to seeing you at our upcoming events.

You will have seen our booking & fees collection system by now - Class4Kids.

You can use this link to check class availability and to book into additional classes and events.

#### Reminder to complete Scottish Gymnastics Membership.

Anyone having any issues accessing or selecting classes, please email [dynamitedirectors@gmail.com](mailto:dynamitedirectors@gmail.com)



### KEY DATES FOR YOUR DIARY

#### Term Dates:

- The new term starts Monday 14th Aug
- No classes Mon 16th-Fri 20th Oct
- No classes Sat 23rd Dec - Thurs 4th Jan
- No classes Fri 29th Mar - Sun 14th Apr

#### Future Events:

- Club Competition Sat 21st Oct
- Core Skills Testing
  - 18th-24th Nov
  - 10th-16th Feb
  - 17th-23rd May
- Eclipse/Atomic/Infinity Testing
  - 9th-15th Dec
  - 22nd-28th Mar
  - 8th-14th Jun
- Shooting Stars Trampoline Testing
  - 18th-24th Sept
  - 9th-15th Dec
  - 22nd-28th Mar
  - 8th-14th Jun

Keep our club safe and please follow the guidelines:

- No photography allowed within the gym
- All under 14's must be accompanied by an adult to class on drop off and collection
- Please refrain from parking or stopping to drop off/collect at the door area or on any of the double yellow lines. All cars must park in an allocated parking space and where required, come into the gym to collect your child.
- If all car park spaces are occupied, please use the main road to park and avoid blocking the entrance to our neighbouring property - no parking across the gate.
- No entry into gym areas, you can view classes from our screen and coaches will bring gymnasts out of the gym at end of class.

# GYMNAESTRADA

This year we sent a team of 33 young gymnasts over to Amsterdam as part of Team GB, to take part in the 17th World Gymnaestrada. Over 55 countries came together to celebrate the sport over a week long festival. They performed their fantastic Sunshine On Leith routine throughout the week along with the Worlds Routine & the GB Mass Routine. We're so proud of the team and all their hard work over the past 2 years pulling it together. We're also very grateful to the coaches, helpers and parents for making this experience so special.



## CLUB KIT

Gymnasts should attend classes with hair tied up, no jewellery and in appropriate training attire. This is as follows: Leotard or club t shirt, leggings & shorts (not joggies) bare foot or Gymnastics shoes for Gymnastics classes, socks or Gymnastics shoes for trampolining

You can purchase club kit from:

<https://www.pslteamsports.com/dynamite-gymnastics.html>

Class leotards can be ordered directly from the zone Gymnastics girls style - sparkle in colour wine code Z686spa

<https://www.the-zone.co.uk/girls-womens-c304/motif-gymnastics-leotards-c309/sparkle-sleeveless-gymnastics-leotard-p4020>

Boys style - Boys'/Men's Gymnastics Leotard code Z119

<https://www.the-zone.co.uk/boys-mens-c305/gymnastics-leotards-c316/boys-mens-gymnastics-leotard-p1424>

With black shorts - Boys'/Men's Gymnastics Shorts code Z121

<https://www.the-zone.co.uk/boys-mens-c305/gymnastics-shorts-c317/boys-mens-gymnastics-shorts-p1426>

We have a special code for club members if spending over £22.50 with the Zone use discount code 61481 for 10% off.

# Meet The Coaches

We've over 30 qualified coaches working with the gymnasts at Dynamite, many of who were or still are gymnasts at the club. We value and appreciate every one of them for all their hard work and dedication to the club. Here is a short intro to 9 of those coaches. Keep an eye out for meeting the rest in future newsletters.

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| <p><b>Name:</b> Charlotte</p> <p><b>Classes Coached:</b> Competitive Tumble</p> <p><b>Best thing about coaching:</b> Helping people to achieve their goals and reach new skills that they never thought was possible.</p> | <p><b>Name:</b> Shannon</p> <p><b>Classes Coached:</b> Twinkles, Eclipse, Atomic, Tumble</p> <p><b>Best Thing About Coaching:</b> Getting to work with and form bonds with the most amazing children in the world.</p>  | <p><b>Name:</b> Riley</p> <p><b>Classes Coached:</b> Shooting Stars, Recreational Trampoline, Mini Missiles</p> <p><b>Best thing about coaching:</b> meeting new kids and watching them gain confidence.</p>                       |
|   |   |    |
| <p><b>Name:</b> Neve</p> <p><b>Classes Coached:</b> shooting Stars, Superheroes, Competitive</p> <p><b>Best thing about coaching:</b> the rewarding feeling when kids progress and seeing them enjoy the sport</p>        | <p><b>Name:</b> Maeve</p> <p><b>Classes coached:</b> shooting stars, superheroes, eclipse, twinkles, infinity tumble</p> <p><b>Best thing about coaching:</b> getting to see the kids learn new skills, make new friends and enjoy coming back every week</p> | <p><b>Name:</b> Kayci</p> <p><b>Classes Coached:</b> Competitive tumble, infinity tumble, twinkles, shooting stars</p> <p><b>Best thing about coaching:</b> Seeing gymnasts achieve their goals, have fun and gain confidence</p>  |
|    |    |   |
| <p><b>Name:</b> Kelsey</p> <p><b>Classes Coached:</b> Twinkles, Shooting Stars, Tumble</p> <p><b>Best thing about Coaching:</b> Seeing kids progress and achieve new skills whilst making friends and having fun.</p>     | <p><b>Name:</b> Chloe</p> <p><b>Classes coached:</b> Twinkles stars, Twinkles, Shooting Stars, Eclipse</p> <p><b>Best Thing About Coaching:</b> watching the children have fun while progressing and gaining confidence in their skills.</p>                  | <p><b>Name:</b> Heather</p> <p><b>Classes Coached:</b> Shooting stars, Superheroes, Eclipse, Atomic</p> <p><b>Best Thing About Coaching:</b> Helping kids to learn new skills and watching them gain confidence in gymnastics!</p> |